

'When you get to a point that you just don't know what to do next, CAEE has been my saviour.'

CAEE client



How to contact us

We are open for drop-ins on Mon & Tues 10am-1pm and Thurs 10am-3pm.

At the Old Town Hall, The Parade, Epsom, KT18 5AG

Or call on 0808 278 7963 Mon-Fri 10am-4pm.

For more information go to:
caee.org.uk



**citizens
advice**

Epsom
& Ewell

**A local charity
here for the
whole
community**

A brief guide to our
work for young people



What we do

We provide free, independent, confidential advice and information to all who live, work and study in the borough of Epsom & Ewell.



We are not part of central or local government but we do receive grant funding from Epsom & Ewell Borough Council and Surrey County Council.

People come to us with a range of issues, such as debt, benefits applications, employment problems, and housing and renting issues.

Our advice has helped countless people achieve peace of mind by simply chatting or finding practical solutions.

Find out more at caee.org.uk

Outcomes



2,600* clients helped



Nearly £900,000* income gained for clients



100 students at Epsom and Ewell High School completed the financial literacy course



Over 8,000* issues addressed



Nearly 1 in 2 felt they had better relationships with others



* our statistics from 2023/2024

How we can help you

Financial Literacy Project - can provide your school with learning materials for money-saving techniques. 80% said they felt more confident managing finances after the course. You can become a 'money manager'.

Benefits - If you don't know where to start to get some help. We go above and beyond to help guide you through the process.

Housing - We understand how difficult it is to find affordable rentals. We can discuss issues with landlords whilst ensuring housing standards are met.

Mental health outreach

- we provide an accessible advice service and partner with mental health charities to whom we refer clients



For a full list of what we do go to: caee.org.uk

Student story



Anne is a full time student with children. 60% of her income is spent on household bills after Student Maintenance Loan, Universal Credit, Child Benefit, and Child Maintenance. She breaks even each month without repaying existing debt. A change in her housing situation meant her income dropped and she has to rely on credit cards.

This is just one example of how young single-parents are squeezed by the cost of living. If you know of or are someone in this situation, just contact us.

Another client had a housing issue. He said that before he **'felt hopeless'**, but our adviser's help lifted that weight off his shoulders and he has recommended the service to other friends.

A grateful client said:

"I had no idea of the scope of your work and would say how fortunate this borough is to have such a committed team."



Our mission for young people



Mental health

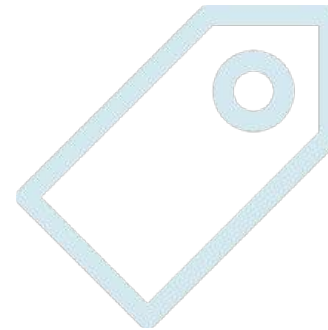
Over the last 3 years, 1 in 3 young people aged 18-24 had a probable mental disorder (NHS England). Our mission is to make you feel supported and prevent more falling into this category.



Balancing costs whilst being a student

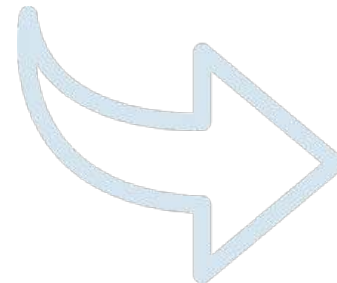
You may feel overwhelmed whilst balancing rent and living costs with your studies, or simply don't know what your next step into adult life should be.

We don't judge anyone for their situation; we're focused on solving them instead.



Looking to the future

We want young people to see Citizens Advice as an option for them. The more people like you who use our services, the more evidence we acquire to find causes and effective solutions.



Transition into adult life

Transitioning into university life, an apprenticeship, or the world of work, can be a daunting prospect. We want young people to feel able to ask for help.

